

# THE TOWERS

*at Laguna Woods Village*

***Your Staff is here to create an outstanding dining experience. Most of our menu selections are available in portion sizes to suit your appetite. Let us know if you would prefer a half portion or large "Towers" portion, and, if you would like seconds---just tell your server!***

## **Soups**

Minestrone, Cream of Tomato, Won Ton, Corn, Lentil Vegetable, Borscht, Black Bean with fresh Basil, Cream of Cauliflower, New England Clam Chowder, Matzo Ball, French Onion, Broccoli Cheese, Beef Noodle, Split Pea.

## **Served Salads**

String Beans, Pearl Onions & Walnuts in Balsamic Vinaigrette  
Oriental Vegetable Salad  
Baby Spinach with Walnuts & Raspberry Vinaigrette  
Cucumber Dill Salad  
Garbanzo, Feta & Olive Salad  
Caesar Salad  
Waldorf Salad

## **Featured Entrées**

Eggplant Parmesan  
Grilled Red Trout with Lemon Caper Sauce  
Sweet & Sour Pork  
Grilled Tilapia with Ginger, Garlic, Soy Sauce, Lemon Juice & Olive Oil  
Beef Kabob with Vegetables  
Chicken Schnitzel  
Seafood Zucchini  
Stuffed Chicken Leg with Mushrooms  
Charbroiled Yellowtail with Teriyaki Glaze  
Chicken Fried Steak with Country Gravy  
Roast New York Strip with Red Wine Sauce  
Chicken Breast Marsala  
Baked Rockfish with Clams, Sweet Peppers & Bacon  
Charbroiled Flank Steak with Bordelaise Sauce  
Marinated Charbroiled Chicken with Cranberry Sauce  
Poached Salmon with Hollandaise Sauce  
Roast Pork Loin with Dry Fruit Sauce  
Chicken Pot Pie  
Grilled Scallops with Artichokes

## **Sides**

Au Gratin Potatoes  
Sautéed Brussels Sprouts  
Sautéed Yellow Squash with Fresh Tomato & Basil  
Stir Fried Rice, Steamed Broccoli  
Steamed Bok Choy, Israeli Couscous,  
Glazed Ginger Carrots, Fresh Vegetable Medley  
Mashed Potatoes, Succotash,  
Roasted Potatoes, Butter Green Beans,  
Braised Red Cabbage, Twice Baked Potatoes  
Steamed Buttered Carrots, Capri Vegetables,  
Creamed Spinach, Parsnip & Pear Purée

## **Desserts**

Rice Pudding, Green Tea Ice Cream  
Cheese Cake  
Baked Apples  
Angel Food Cake with Strawberries  
Lemon Meringue Pie  
Fruit of the Forest  
No Sugar Added Ice Cream, Cake, Cookies, Apple Sauce, Peaches and Prunes  
Assorted Ice Cream & Sherbet  
Soft Serve Yogurt (with your favorite toppings)  
Assorted Puddings and Angel Food Cake

## **Everyday Favorites**

Eggs or Omelets to order with choice of Bacon, Ham or Sausage  
Giant Hebrew National Hot Dog  
Niman Ranch 5 oz. Hamburger, plain or with choice of Cheese  
Charbroiled Turkey Burger  
Personal Pan Pizza with Choice of Toppings  
Niman Ranch Half-Pound Ground Beefsteak with Mushrooms  
Broiled Boneless and Skinless Chicken Breast  
Broiled Chicken Quarter (white or dark meat)  
Charbroiled Petite Filet Mignon, New York Steak or Rainbow Trout

## **Pantry Classics**

Salads-Traditional Chef, Classic Cobb or Grilled Chicken Caesar  
Fresh Fruit Plate served with Cottage Cheese and Date Nut Bread  
Gefilte Fish with Horseradish, Chipped Lettuce, Sliced Tomato and Pickles  
Bagel and Lox with Tomato, Onion and Cream Cheese  
Create your favorite Sandwich with selections from Roast Beef, Turkey, Ham, Tuna, Chicken or Egg